



Breakfast & Lunch Catering Menu

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Breakfast Options



A minimum order of 12 is required for a single item

Western Breakfast

\$14.95 per person

Scrambled eggs | Breakfast sausages | Crispy bacon | Hash browns | Cookies

Italian Breakfast Frittata

\$13.95 per person

A classical vegetable or meat frittata | Golden hash browns | Fresh seasonal fruit | Vanilla yogurt parfait

Latin Breakfast Wrap

\$13.95 per person

Vegetable or meat breakfast wrap | Golden hash browns | Fresh fruit | Croissants

Build a Breakfast

A minimum order of 12 is required for a single item

Scrambled Eggs

\$2.95 per person

Fresh farmer grown eggs scrambled to perfection

Frittata

\$4.95 per person

A classical vegetable or meat frittata

Breakfast Burrito

\$4.95 per person

Scrambled eggs, sautéed vegetables and cheese wrapped in a tomato basil tortilla

Meat Sides

\$3.95 per person

Crispy bacon strips or Breakfast sausages

Hash-Browns

\$2.25 per person

Golden hash-browns

Classic Pancakes

\$3.95 per person

Two buttermilk pancakes served with butter and syrup

Fresh Fruit

\$3.95 per person

Freshly cut seasonal fruit

Cookie Tray

\$1.75 per person

An assortment of homemade cookies

Breakfast Tray

\$3.95 per person

An assortment of plain croissants, muffins and scones

Yogurt Parfait

\$3.45 per person

Vanilla yogurt topped with mixed berries and granola

Breakfast Drinks

Arabica Coffee

\$22.50 per 12 cups

Hot Chocolate

\$22.50 per 12 cups

Decaf Coffee

\$22.50 per 12 cups

Fruit Juice

\$2.50 per bottle

Hot Tea

\$22.50 per 12 cups

Bottled Water

\$2.25 per bottle

Sandwiches



A minimum order of 12 is required for a single item

Cold Sandwiches

\$6.45 per person

Classic Sandwiches

An assortment of classic sandwiches including, tuna salad, egg salad, chicken salad, cold cut and smoked turkey. Upgrade to croissant buns for \$1.50

Wraps

An assortment of gourmet wraps including Caesar, chicken Thai, Italian, vegetarian (hummus, spinach, zucchini and bell peppers)

Subs

An assortment of gourmet wraps including Italian, chicken club, deli style, vegetarian and BLT



Hot Sandwiches

\$9.45 per person

An assortment of the following sandwiches. Or choose your own **Philly Cheese Steak**: melted provolone cheese over sautéed onion and steak

- **Pizza Sandwich**: melted mozzarella, goat cheese, roasted tomatoes, salami on top of arugula and basil leaves
- **Roast Vegetable Melt**: Portobello, broccoli, and red pepper covered in gouda cheese
- **Grilled Chicken n' Cheese**: grilled cheese sandwich with chicken salad mixed in

Hot Lunch Entrées



A minimum order of 12 is required for a single item

Signature Lasagna

\$13.95 per person

Beef lasagna | Vegetarian lasagna | Pesto | Chicken lasagna
Served with garlic bread

Butter Chicken

\$15.95 per person

Butter chicken over basmati rice and served with naan bread

Pulled Pork Burger

\$15.95 per person

Slow roasted pork and coleslaw on a bun. Served with potato chips

Ginger Beef

\$13.95 per person

Marinated ginger beef served with rice and vegetables

Thin Crust Pizza

\$9.95 per person

Pepperoni | Vegetable | Hawaiian | Donair | Mediterranean | Meat lovers | Spinach & onion

Shepard's Pie

\$14.95 per person

Classical English Shepard's pie served with a side salad

BBQ Ribs

\$18.95 per person

Braised barbeque pork ribs served with baked potatoes

Individual Salads



A minimum order of 12 is required for a single item

Thai Salad

\$8.50 per person

Fresh greens, grilled chicken breast, crunchy noodles and carrots topped with Thai sauce

Chicken Caesar

\$8.50 per person

Grilled chicken, romaine lettuce, crunchy croutons, bacon bits, parmesan cheese and Caesar dressing

Vegetarian Salad

\$7.50 per person

Lettuce, strawberries, orange, grapes, dried cranberries, roasted almonds and goat cheese mixed with your choice of raspberry or mandarin dressing

Side Soup & Salad

A minimum order of 12 is required for a single item

Side Salads

\$3.95 per person

Caesar salad | Garden salad | Greek salad | Potato salad | Quinoa salad | Coleslaw | Broccoli slaw | Spinach and Strawberry

Side Soups

\$3.95 per person

Chicken noodle | Butternut squash | Classic tomato | Wild chili | Cream of mushroom

Lunch Trays



A minimum order of 12 is required for a single item

Cookies

\$1.75 per person

Homemade cookies that include: Chocolate chip | Oatmeal | Double chocolate | Oatmeal raisin

Pastry Tray

\$3.95 per person

An assortment of: Plain or Butter croissants | Bran muffins | Blueberry muffins | Cheese or Cranberry scones

Meat & Cheese Tray

\$6.45 per person

Deli meats including Genoa salami, Prosciutto and Pancetta

Vegetable Tray

\$3.65 per person

Fresh-cut vegetables served with ranch dip

Fruit Tray

\$3.95 per person

Seasonal fresh-cut fruit served with yogurt dip

Lunch Drinks

Soft Drinks

\$2.00 per bottle

Coke | Diet Coke | Sprite | Canada Dry | Nestea | San Pellegrino

Fruit Juice

\$2.50 per bottle

Bottled Water

\$2.25 per bottle

Arabica Coffee

\$22.50 per 12 cups

Decaf Coffee

\$22.50 per 12 cups

Hot Tea

\$22.50 per 12 cups

Milk

\$2.75 per bottle

Boxed Breakfast

A minimum order of 12 is required for a single item

European Style Breakfast

\$8.95 per person

Croissant, assorted fruit cup, yogurt parfait and juice

The Healthy Breakfast

\$5.95 per person

Muffin, fruit cup and juice

Boxed Lunch

A minimum order of 12 is required for a single item

Sandwich Combo

\$12.95 per person

Choose from any one of our wraps, buns and sandwiches. Also served with a side salad, cookie and juice or bottled water

Individual Salad Combo

\$9.95 per person

Choose from any one of our individual salads. Comes with juice or bottled water

Breakfast & Lunch Policy

Order Times

Breakfast and lunch orders must be placed by 2 business days prior to the event.

Service Charge

An operational service charge of 10% will be charged to the full invoice of orders that include hot foods.

Delivery Charge

No matter where you are in the city, we will deliver to you for \$15

Payment Method

We accept cash, credit card, Interact or cheque

Cancellations and Changes

Cancellations and changes must be communicated no later 3 days prior to the event. If cancelled after this time, the full amount of the invoice will be charged